



*after school programs*

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In addition to our strong commitment to education, St. Francis believes in offering a variety of extracurricular activities to foster a well rounded child. We hope there is something offered for everyone's niche. Our objective in offering after school activities is to promote curiosity, fitness and healthy competition, creativity, and personal development.

Each activity will state the ages of students eligible for each activity and the days of the week of each activity's schedule along with the times. **Please note that times do vary.** Any fee for an activity is listed as well. Activities that require a fee include: art, acting, instructional sports, dance, music lessons, cooking, YMCA sports, tutoring, study hall, and enrichment. Scouting fees are minimal and do not go to St. Francis. Scouting fees are determined by the Girl and Boy Scouts of America. St. Francis activities that do not require a fee include: after school St Francis interscholastic sports, drama, chess, Odyssey of the Mind, Math Counts, and Science Olympiad.

We are always **looking for volunteers** to help coach sports, especially the younger grades. In addition to sports, if you have any other talents you'd like to share, please let us know! Perhaps we could incorporate a new activity for our students. We are open to new ideas.

We ask parents to consider carefully when helping students to choose after school activities. An overbooked child is a stressed child, and in the elementary and middle school years, downtime for rest and unstructured play can be invaluable for social and academic success. Balance is key!

## ***Academics***

### **MATHCOUNTS**

The St. Francis Math counts team is an academic team that offers challenging math opportunities for our finest math students. This group has historically placed well in the highly competitive Jefferson County regional competition.

MathCounts is for older middle school students who excel in mathematics and enjoy a challenge. While only four students eventually compete in the chapter competition, all interested students are encouraged to come out for the team.

**Dates and Time:** Project time (last period on Fridays)

**Cost:** Free

**Instructor:** Leslie Addicks

**Eligible students:** Grades 6-8

## **ODYSSEY OF THE MIND**

Odyssey of the Mind is an international educational program that provides creative problem-solving opportunities for students from kindergarten through college. Team members apply their creativity to solve problems that range from building mechanical devices to presenting their own interpretation of literary classics. They then bring their solutions to competition on the local, state, and World level. Thousands of teams from throughout the U.S. and from about 25 other countries participate in the program.

Odyssey of the Mind is open to all third and fourth grade students who have an interest. Later, a team will emerge from those who choose to participate in competitions.

**Dates and time:** Projects; competition practice TBD

**Cost:** Free

**Instructor:** Kim Fors

**Eligible students:** Grades 3-4

## **SCIENCE OLYMPIAD**

Since 1996, St Francis students have enjoyed participating in the regional and state competitions and have met great success. They have demonstrated their acumen and adaptability by placing among the top teams in the region each year including 1<sup>st</sup> place in 2003-04.

Science Olympiad consists of twenty-three team-building and problem solving events that challenge the student's academic and engineering abilities. The regional competition is an all day event the last Saturday in March at Collegiate. The state competition is an all day event, usually a Saturday in mid-April at Western Kentucky University.

**Dates and time:** Projects

**Fee:** Free

**Instructor:** Sue Holloway

**Eligible students:** Grades 7-8 and teams TBA

## **STUDY HALL**

Study Hall is an opportunity for middle school students to do homework after school in a quiet, supervised environment. Assistance is given as needed. If homework is completed during study hall, quiet activities such as reading or art are allowed. No games boys or iPods please. **Please notify the office no later than 9:00AM on the day you wish your child to attend.**

**Dates and time:** Every day until 5:00

**Fee:** \$14.00 per day

**Instructor:** Leslie Addicks

**Eligible students:** Grades 5-8

An additional form for Study Hall is required for regular study hall participants. It is locate on the St Francis web site.

## **ARTS**

### **ART**

After school art is designed so children may use their creativity or discover creativity. Activities are open ended with wonderful take home pieces. Please note the various sessions designed for separate ages to make projects most age appropriate.

#### *Autumn Art*

**Dates and time:** Wednesdays, 2:00-4:00, October 13, 20, and November 3,10

**Fee:** \$100.00

**Instructor:** Neisja Yenawine

**Eligible students:** Grades 1-2, limit 10 students

#### *Holiday Art*

**Dates and time:** Wednesdays, 2:00-4:00, November 17, December 1, 8, 15, 22

**Fee:** \$100.00

**Instructor:** Neisja Yenawine

**Eligible students:** Grades K-2, limit 10 students

## **Acting**

After school acting program offers students an opportunity to feel comfortable on stage, think creatively, learn acting techniques for voice, body, and character development.

This two part series will be co-taught by Justin and Rachael Dobring. Justin is an actor/playwright who has recently performed in the New York International Clown Festival, Chicago Sketch Comedy Festival, and Actors Theatre of Louisville.

Acting 1 introduces students to the basic tools every actor needs as well as increasing confidence and enhancing the imagination. Students will learn collaboration through group improvisation, learn how to turn their ideas into fully realized stage productions, and most importantly have fun!

Acting 2 builds upon the basics learned in the previous class. We will also incorporate physical comedy, the power of agreement and team building, create original material, the power of listening, being present and in the "moment". This session will culminate with a class performance.

### **Acting 1**

**Dates and time:** Wednesdays, 2:00-3:30, September 15-October 20

**Fee:** \$100.00

**Instructor:** Justin Dobring

**Eligible students:** Grades 2-5, Minimum 8, Maximum 15

### **Acting 2**

**Dates and time:** Wednesdays, 2-3:30, February 23-March 30

**Fee:** \$100.00

**Instructor:** Rachael Dobring

**Eligible students:** Grades 2-5, Minimum 8, Maximum 15

## **TAP DANCE**

**Donna Richards** is a graduate of the Los Angeles School of Performing Arts at UCLA. Donna lived in New York for 12 years where she performed and traveled with various Broadway shows such as "Chicago," "Cabaret," "Sweet Charity," "West Side Story," "A Chorus Line," "42nd Street," "Oklahoma," "Showboat," and "Pippin". She is now a freelance choreographer/teacher.

**Dates and times:** Wednesdays, 2:15-3:15. Classes begin September 1<sup>st</sup> and run through December 15th

**Fee:** \$225

**Instructor:** Donna Richards

**Eligible students:** 5<sup>th</sup>-8<sup>th</sup> grade

**Please Note:** Students are required to have tap shoes, jazz oxford taps preferred

## **DRAMA**

St. Francis is proud of its long-term commitment to drama and the fine arts. The St Francis drama Project annually produces two to three plays and musicals that never fail to entertain. The drama project mounts classic productions such as *Fiddler on the Roof*, *A Midsummer Night's Dream*, *Oliver*, *Cyrano de Bergerac*, *The Importance of Being Earnest*, and *1776*, as well as shorter works by contemporary playwrights. In winter, we target the lower school as our fourth graders present a show aimed at younger audiences. Students are involved in all aspects of production--acting, technical support and sometimes even writing and directing.

In order to maintain the integrity of a production and to affirm the concept of ensemble responsibility, the drama project expects students to make this commitment a priority. Whenever possible, appointments and other commitments should be scheduled at times that will not conflict with practices and performances.

**Dates and time:** Fall auditions in early November

Winter play in February

Spring auditions in late March/early April

**Fee:** Usually free, sometimes charge if outside director is employed

**Instructor:** Reed Gabhart

**Eligible students:** Fall, Grades 5-8

Winter, Grade 4

Spring, Grades 5-8

## **MUSIC**

*Choir:* Join Mrs. Aberle for an afternoon of singing every Monday from 3:00 - 4:00. This choir will be made up of boys and girls grades 2 -5 and begin meeting the Monday following Labor Day. The choir will conclude in December with a performance (or two). Cost is 125.00 for 12 one hour sessions.

**Dates and times:** Mondays, 3:00-4:00

**Fee:** \$125 for twelve 1-hour sessions

**Instructor:** Kim Aberle

**Eligible students:** Grades 2-5 (Minimum 10)

## ***Athletics***

### **BASKETBALL**

**Dates and times:** Winter, two days per week, practices 3-4:50.  
Games TBD

**Fee:** Free

**Coaches:** Rosanne Conlan (girls) and Erik Phelps (boys) grades 6-8  
Volunteer coach needed for Whitefield League grades 5-6

**Eligible students:** girls in grade 6-8 and boys in grades 7-8  
Grades 5-6 for Whitefield League

### **FIELD HOCKEY**

**Dates and times:** Tuesday and Thursdays, 3-4:50, begins August 3  
Games TBA

**Fee:** Free

**Coaches:** Rosanne Conlan and Julie Brayton

**Eligible students:** Girls in grades 5-8

## **SOCCKER**

**Dates and times:** Tuesday and Thursdays, 3-4:50, begins August 24  
Games TBA

**Fee:** Free

**Coaches:** Andrew Thurstone and Alex Taylor

**Eligible students:** Boys in grades 5-8

## **TRACK and FIELD**

Events include shot put, discus, long jump, high jump, hurdles, sprints, middle distances and relays. We encourage participants to attend most all practices, especially the varsity athletes, which are the 7<sup>th</sup> and 8<sup>th</sup> graders. Attendance and effort will be a major consideration in determining which students will compete in the five scheduled track meets.

**Dates and times:** Spring; Monday, Tuesday, Thursday, 3-4:50

**Fee:** Free

**Coaches:** Mike Black, Teresa Saborsky, Julie Brayton

**Eligible students:** boys and girls in grades 5-8

## **YMCA SPORTS**

Lower school students can learn sport skills, teamwork, and sportsmanship in these sports. St Francis students can form a team and play in the YMCA league as their own team. Sports that are offered through the Y and are typically played by St Francis students include the following: basketball, field hockey, and soccer.

**Dates and times:** TBD by various aged leagues.  
Soccer in both Spring and Fall  
Indoor field hockey in Fall and Winter  
Outdoor field hockey in Spring  
Basketball begins in Dec/Jan

**Fee:** league dependant, fees through YMCA

**Contacts:** Amanda Kuster and Cassandra Zimmerman  
Volunteer coaches needed

**Eligible students:** Boys and girls in grades JK-4  
In addition to JK-4, grades 5-6 for basketball

## **INSTRUCTIONAL SPORTS**

*Field Hockey* will resume in the fall of 2011 for grades 1-4. Brigette Muennich-Williams will again lead this. Age groups will be split. Volunteer to help is needed.

### Soccer

**Dates and times:** Tuesdays beginning in March, dates and times to be announced

**Fee:** \$85.00

**Coaches:** Michael Mahoney

**Eligible students:** Boys and girls in grades 1-4

## ***Enrichment***

### **AFTER SCHOOL ENRICHMENT**

Our enrichment program includes activities that promote creative problem solving, socialization, communication skills, and above all, fun! It is also a time for children to be able to relax from the school day.

In addition to every day after school, enrichment is offered during fall break and parent teacher conferences. If there is a demand, Winter Break and Spring Break enrichment will be available.

**Dates and time:** everyday after school until 6:00PM

**Fee:** \$16 until 5:00, \$21.00 until 6:00

***\$1.00 late fee is charge for each minute late***

Attendance is taken daily and a monthly invoice will be mailed to you from the Business Office

**Eligible students:** JK-4

Parents interested in a daily drop off for enrichment are required to contact the office TWO DAYS prior to the day needed and approval is determined by spaces available.

There is a separate registration form to be filed out on the St Francis web site located under extended care.

## **CHESS**

Chess players will learn official chess rules and develop game strategy. Beginners and experienced players are welcome. The focus of the chess club is on tournament play, although anyone may join. Chess players need not attend every chess practice to be a part of the chess club or to enter tournaments, but attending most is beneficial. Parent volunteers are appreciated to supervise practice sessions and to instruct and share chess knowledge. This can be rotating volunteers.

**Dates and time:** Tuesdays, September 8 - April TBD.

**Fee:** Nominal fee

**Instructor:** Emir Sefo

**Eligible students:** JK-8

JK-1 & All Beginners will meet from 3:15 - 4:15 pm

K-3 & players w/tournament experience will meet from 3:00 - 4:30 pm

K-5 & players w/tournament experience will meet from 3:00 - 4:55 pm

K-8 & players w/ratings 1200+ will meet from 3:00 - 4:55 pm

## **SCOUTING PROGRAMS**

There are some grades that have established troops that your child may join. If there is not an already established troop, one may be formed. You will have a mentor to assist you through that process. It's quite easy and the children really learn a lot from these troops and the activities that are done.

Boys typically join BSA Troop 108, which meets at the St Francis Church.

Girls typically meet after school at St Francis with some outside fieldtrips.

**Dates and Times:** varies by troop, soon after school begins

**Fee:** Very minimal and goes through Scout Troops

**Contacts:** Debbie O'Brien (girls) and Louis Fowler, 228-1256 (boys)

**Eligible students:** K-8

## **DIRECTIONS**

Please make your selection of after school activities and send in your enrollment form which is found on page 19. Some activities do not have a limit of students while other activities have both a minimum and maximum number of participants. The earlier you send in your form, the earlier you can confirm your child's spot. Placement will be determined on a first come first served basis.

**Payment and completed enrollment forms may be returned to the office with "After School Programs" specified on the envelope. Enrollment is NOT confirmed until payment is received.**

*EVERY* activity needs an enrollment form; however, you may sign up for more than one activity. Just make sure to include all interested activities on your form.

If you are interested in enrichment, please complete the form found on St Francis's web site under Parents/Enrichment program.

We look forward to having fun with your children after school in a safe learning environment!

St Francis School after school activities are subject to change due to enrollment numbers and / or instructor availability.

**AFTER SCHOOL ACTIVITIES ENROLLMENT FORM**

Name: \_\_\_\_\_ Grade \_\_\_\_\_

Parents Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell: \_\_\_\_\_

Activity: \_\_\_\_\_ Fee \_\_\_\_\_

Activity: \_\_\_\_\_ Fee \_\_\_\_\_

Activity: \_\_\_\_\_ Fee \_\_\_\_\_

Activity: \_\_\_\_\_ Fee \_\_\_\_\_

Activity: \_\_\_\_\_ Fee \_\_\_\_\_

Payment enclosed: \_\_\_\_\_

Parent Signature \_\_\_\_\_